



Lunch Prices

Student Lunch: \$4.00
 Adult: \$5.00
 Milk: \$.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Meatball Sub Sand **2**
 Tossed Salad w/tomato
 Corn
 Fruit
 Milk

Tuesday

Spaghetti Pie **3**
 Garlic Bread
 Tossed Salad w/tomato
 Green Peas
 Fruit
 Milk

Wednesday

Cheese/Hamburger **4**
 Lettuce/tomato/pickle
 Potato Tots
 Fruit
 Milk

Thursday

Beef Tacos **5**
 Pinto Beans
 Tossed Salad w/tomato
 Fruit
 Milk

Friday

Patty Melt **6**
 Potato Tots
 Green Beans
 Fruit
 Milk

Chicken Nuggets **9**
 Mashed Potatoes w/gravy
 Green Beans
 Fruit
 Milk

Beef Burrito **10**
 Tossed Salad w/tomato
 Green Peas
 Fruit
 Milk

Cheese/Hamburger **11**
 Lettuce/tomato/pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos **12**
 Pinto Beans
 Tossed Salad w/tomato
 Fruit
 Milk

Pizza **13**
 Tossed Salad w/tomato
 Corn
 Fruit
 Milk

Hot Dog on WG Bun **16**
 Green Peas
 Carrots
 Fruit
 Milk

BBQ Chicken **17**
 Brown Rice
 Green Beans
 Fruit
 Milk

Cheese/Hamburger **18**
 Lettuce/tomato/pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos **19**
 Pinto Beans
 Tossed Salad w/tomato
 Fruit
 Milk

Toasted Cheese Sand. **20**
 Carrots
 Potato Tots
 Fruit

Ham & Cheese sand. **23**
 on WG bun
 Green Beans
 Carrots
 Fruit
 Milk

Crispy Chicken Sand **24**
 Tossed Salad w/tomato
 Broccoli
 Fruit
 Milk

Cheese/Hamburger **25**
 Lettuce/tomato/pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos **26**
 Pinto Beans
 Tossed Salad w/tomato
 Fruit
 Milk

27
Noon Dismissal

Salisbury Steak **30**
 Mashed Potatoes w/gravy
 Texas Toast
 Green Beans
 Fruit

Crispy Chicken Sand **31**
 Tossed Salad w/tomato
 Broccoli
 Fruit
 Milk

