

# January 2018

## Our Lady of Victory Catholic School

### LUNCH



Prices  
 Students \$4.00  
 Adults \$5.00  
 Milk Only .50



Menu subject to change

Milk Options: FF % Chocolate or 1% White



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**NO SCHOOL** 2

Cheese/Hamburger 3  
 Lettuce/tomato/pickle  
 Potato Tots  
 Fruit  
 Milk

Beef Tacos 4  
 Pinto Beans  
 Tossed Salad w/tomato  
 Fruit  
 Milk

Beef Enchilada 5  
 Spanish Rice  
 Green Beans  
 Fruit  
 Milk

Baked Ham 8  
 Mac & Cheese  
 Corn  
 Fruit  
 Milk

Baked Ham 9  
 Mac & Cheese  
 Corn  
 Fruit  
 Milk

Cheese/Hamburger 10  
 Lettuce/tomato/pickle  
 Potato Tots  
 Fruit  
 Milk

Beef Tacos 11  
 Pinto Beans  
 Tossed Salad w/tomato  
 Fruit  
 Milk

Hot Dogs 12  
 Green Peas  
 Carrots  
 Fruit  
 Milk

 15  
**MLK Holiday**

Pizza 16  
 Green Beans  
 Carrots  
 Fruit  
 Milk

Cheese/Hamburger 17  
 Lettuce/tomato/pickle  
 Potato Tots  
 Fruit  
 Milk

Beef Tacos 18  
 Pinto Beans  
 Tossed Salad w/tomato  
 Fruit  
 Milk

Crispy Chicken Sandwich 19  
 Carrots  
 Green Peas  
 Fruit  
 Milk

Chicken Nuggets 22  
 Mashed Potatoes w/gravy  
 Green Peas  
 Fruit  
 Milk

WG Grilled Cheese 23  
 Green Beans  
 Corn  
 Fruit  
 Milk

Cheese/Hamburger 24  
 Lettuce/tomato/pickle  
 Potato Tots  
 Fruit  
 Milk

Beef Tacos 25  
 Pinto Beans  
 Tossed Salad w/tomato  
 Fruit  
 Milk

Beef & Bean Burritos 26  
 Spanish Rice  
 Green Peas  
 Fruit  
 Milk

Pizza 29  
 Green Beans  
 Carrots  
 Fruit  
 Milk

Chicken Nuggets 30  
 Mashed Potatoes w/gravy  
 Green Peas  
 Fruit  
 Milk

Cheese/Hamburger 31  
 Lettuce/tomato/pickle  
 Potato Tots  
 Fruit  
 Milk

