



**Lunch Prices**  
 Student Lunch: \$4.00  
 Adult: \$5.00  
 Milk: \$ .50



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Pizza  
 Green Beans  
 Carrots  
 Fruit  
 Milk

Cheese/Hamburger  
 Lettuce/Tomato/Pickle  
 Potato Tots  
 Fruit  
 Milk

Beef Tacos  
 Tossed Salad w/tomato  
 Pinto Beans  
 Fruit  
 Milk

Beef Burrito  
 Spanish Rice  
 Green Peas  
 Fruit  
 Milk

1

Meatball Sub. Sandwich  
 Green Beans  
 Carrots  
 Fruit  
 Milk

4

Pizza  
 Green Beans  
 Carrots  
 Fruit  
 Milk

5

Cheese/Hamburger  
 Lettuce/Tomato/Pickle  
 Potato Tots  
 Fruit  
 Milk

6

Beef Tacos  
 Tossed Salad w/tomato  
 Pinto Beans  
 Fruit  
 Milk

7

Chicken Nuggets  
 Mashed Potatoes  
 Green Peas  
 Fruit  
 Milk

8

Enchilada Casserole  
 Spanish Rice  
 Pinto Beans  
 Fruit  
 Milk

11

Pizza  
 Green Beans  
 Carrots  
 Fruit  
 Milk

12

Cheese/Hamburger  
 Lettuce/Tomato/Pickle  
 Potato Tots  
 Fruit  
 Milk

13

Beef Tacos  
 Tossed Salad w/tomato  
 Pinto Beans  
 Fruit  
 Milk

14

Hot Dog on WG Bun  
 Tossed Salad w/tomato  
 Carrots  
 Fruit  
 Milk

15

Cajun Chicken  
 Rice Pilaf  
 Green Beans  
 Fruit  
 Milk

18

**Christmas Party**



19

**Holiday**

20

**Holiday**

21

**Holiday**

22

25

**Holiday**

26

**Holiday**

27

**Holiday**

28

**Holiday**

29

**Holiday**