



Lunch Prices
 Student Lunch: \$4.00
 Adult: \$5.00
 Milk: \$.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Pizza
 Green Beans
 Carrots
 Fruit
 Milk

Cheese/Hamburger
 Lettuce/Tomato/Pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos
 Tossed Salad w/tomato
 Pinto Beans
 Fruit
 Milk

Beef Burrito
 Spanish Rice
 Green Peas
 Fruit
 Milk 1

Meatball Sub. Sandwich 4
 Green Beans
 Carrots
 Fruit
 Milk

Pizza 5
 Green Beans
 Carrots
 Fruit
 Milk

Cheese/Hamburger 6
 Lettuce/Tomato/Pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos 7
 Tossed Salad w/tomato
 Pinto Beans
 Fruit
 Milk

Chicken Nuggets 8
 Mashed Potatoes
 Green Peas
 Fruit
 Milk

Enchilada Casserole 11
 Spanish Rice
 Pinto Beans
 Fruit
 Milk

Pizza 12
 Green Beans
 Carrots
 Fruit
 Milk

Cheese/Hamburger 13
 Lettuce/Tomato/Pickle
 Potato Tots
 Fruit
 Milk

Beef Tacos 14
 Tossed Salad w/tomato
 Pinto Beans
 Fruit
 Milk

Hot Dog on WG Bun 15
 Tossed Salad w/tomato
 Carrots
 Fruit
 Milk

Cajun Chicken 18
 Rice Pilaf
 Green Beans
 Fruit
 Milk

Christmas Party 19

Holiday 20

Holiday 21

Holiday 22

Holiday 25

Holiday 26

Holiday 27

Holiday 28

Holiday 29